

# Zen Journaling and Sketchbooks

**By: Kiersten Setting**

Perry High School has a lot to offer including now Zen Journaling with Mrs. Mielke. Zen Journaling is a club you can join to open up your creativity. The school has provided journals, markers, pens and more for the students that are interested. There is also a project that you can join within the club. It is called “The Sketchbook Project” by the *Brooklyn Art Library*, in Brooklyn, New York. You can check out the project here: <https://www.sketchbookproject.com/> Mrs. Mielke has ordered over 30 sketchbooks for students of Perry to participate in the project. The Sketchbook Project is a sketchbook that you get to draw, paint, or tape in anything you want. There is a deadline, the end of the school year, and you will have to return it to Mrs. Mielke. The sketchbook will be sent to the Brooklyn Library so people can check them out just like library books. Studio times are Tuesday through Friday during Zero bloc, everyday at ICE, and Mondays and Tuesdays after school. If you are interested, contact by email [mielker@perry-stu.com](mailto:mielker@perry-stu.com). Everyone is welcome so stop in!