



BREAKFAST MENU FOR MIDDLE STUDENTS 5-8 AND ELEMENTARY STUDENTS K-4

A school breakfast is made up of at least 3 but no more than 4 components. These are 1 fruit or fruit juice serving, 1 milk serving and a total of 2 grain servings or 2 protein servings or 1 serving of each. Some individual items make up 2 servings.

YOU MUST TAKE AT LEAST 1 FRUIT BUT MAY TAKE 2

PRICES

PMS- \$1.90, PES- \$1.75

REDUCED PRICE- \$.30

HOURS:

PMS: 7:30AM-7:50AM

PES: 8:30AM-8:55AM

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
MINI PANCAKES OR MINI FRENCH TOAST	BREAKFAST PIZZA	MINI WAFFLES	PIZZA BAGEL	PANCAKE WRAP ON A STICK
JUICE OR FRUIT	JUICE OR FRUIT	JUICE OR FRUIT	JUICE OR FRUIT	JUICE OR FRUIT
MILK	MILK	MILK	MILK	MILK

In addition to the rotating menu above, the following items are available to combine to create a complete breakfast.

String Cheese, Cereal Bars, Whole Grain Reduced Sugar Cereals, Chilled Juice and/or fruit and milk, D'Animal Yogurt